12TH ANNUAL
I❤️WALKING

JOHN WOODEN CENTER  THURSDAY, FEBRUARY 15

Estimated Time
Slow Pace (90–110 steps/min)  30 min
Moderate Pace (110–130 steps/min)  20 min
Fast Pace (130–150 steps/minute)  15 min

Estimated Steps  1,500
Distance  .65 mi

START: John Wooden Loggia

1. Head north Sunset Blvd. pass through Wilson Plaza.
2. Turn right between Anderson and Kaufman.
3. Right between Fowler and Kaufman.
4. Pass Janss, head south to Bruin Walk.
5. Go right at Bruin Walk and go down toward Bruin Plaza.
6. Left between Morgan Center and Ackerman Union.
7. Right between Luskin conference Center and Central Ticket Office.
8. Walk straight between Pauley Pavilion and Spaulding Field.
9. Right between Pauley and Acosta Training Center.
10. Right back onto Bruinwalk back to the Wooden Center. End.

TODAY’S PARTNERS

For more walking routes, visit www.recreation.ucla.edu/iheartwalking
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LONG ROUTE

Estimated Time
Slow Pace (90–110 steps/min)  40 min
Moderate Pace (110–130 steps/min)  30 min
Fast Pace (130–150 steps/minute)  20 min

Estimated Steps  2,500
Distance  1.25 mi

START: John Wooden Loggia

1 Head up hill toward Res Halls past track and LATC.
2 Cross at traffic light to De Neve and turn right along Charles E Young
3 Left to climb uphill at Charles E Young towards Rieber Court.
4 Head past Rieber and Hedrick Court and go right to stay on Charles E Young Drive.
5 Head downhill past Sunset Canyon Recreation.
6 Left at Charles E Young to continue downhill back to Wooden.
7 Right at walk way between IM Field and Wooden.
8 Left at Bruinwalk back to Wooden to end.

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