FITWELL – Hybrid Fitness Intern

The FITWELL Intern will contribute to an ongoing effort to create and deliver fitness programming via an online platform. They will assist with further creation of an online Movement Library, create online training program templates, and assist with streamlined execution of online fitness programs. The ideal candidate has a background in fitness, technical skills in photography and videography production and editing, and digital content creation.

Job Qualifications

Required

- Be at least 18 years of age.
- Have First Aid/CPR/AED certifications (by the first day of employment)
- Submit to criminal background check
- Experience in basic video editing and publishing
- Certified Personal Trainer Certification or equivalent
- Experience working in recreation department and/or related field
- Possess effective interpersonal skills and a strong desire to learn
- Be willing to work variable and extended hours
- Be legally allowed to work in the United States

Preferred

- 2+ years' experience in fitness instruction.
- Strong video editing and publishing experience (experience using Adobe Premiere preferred).
- Strong photography experience (experience using Adobe Photoshop and/or Lightroom preferred)
- Experience in digital content creation
- Experience with MindBodyOnline, Trainerize, or similar online fitness software
- Experience with Google Workspace, Microsoft Suite, and Adobe Creative Cloud
- Strong Organizational Skills

Job Expectations

- Plan and execute several exercise video filming and photography sessions throughout the summer.
- Edit and publish exercise videos, as well as upload and catalog content to online training app.
- Prepare existing exercise programming for online delivery.
- Create fitness programming templates in online training app
- Assist with new online training program execution
- Opportunities to shadow or instruct fitness classes, based on Intern's experience and credentials, and following a formal audition.
- Opportunities to collaborate with Recreation marketing on additional projects and initiatives, based on Intern's experience.



Pay Rate

Each intern will be paid \$350/biweekly, plus a full University Housing and Dining plan (the housing and meal package is estimated at \$3,800 and is treated as taxable income by the IRS).

Apply and Contact:

To apply, please complete the application found at www.recreation.ucla.edu/summerinternships. Please direct any questions about this position to Liz Au at LAu@recreation.ucla.edu.



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