START: WILSON PLAZA

1. Go up Janss Steps or use ramps to the top. Then walk up past Royce and Haines.

2. Left at Haines toward Bunche.

3. Right toward Lu Valle Commons.

4. Right toward Murphy Hall.

5. Cross street to Schoenberg and cross through Dickson Court.

6. Walk between Knudsen and Schoenberg toward the Inverted Fountain.

7. Right between Knudsen and Franz down Portola Plaza.

8. Down staircases along backside of Ackerman Union.

9. Right toward Bruin Plaza.

10. Straight through Bruin Plaza between Ashe and SAC back to Wilson Plaza.

For more walking routes, visit recreation.ucla.edu/iheartwalking
**WILSON PLAZA  MONDAY, FEBRUARY 11**

**LONG ROUTE**

**Estimated Time**
- Slow Pace (90–110 steps/min) **40 min**
- Moderate Pace (110–130 steps/min) **35 min**
- Fast Pace (130–150 steps/minute) **30 min**

**Estimated Steps** 3,000

**Distance** 1.2 mi

*This level requires use of stairs. Use level 1 for no stairs.

START: WILSON PLAZA

1. Walk North toward Sunset Blvd.
2. Go right onto Charles E. Young Dr.
3. Follow Charles E. Young Dr. past Seeds Elementary.
4. Continue along Charles E. Young Dr. up and around to the right.
5. Safely cross at crosswalks & use sidewalks up towards YRL.
6. Left along backside of Broad and Melnitz.
7. Right onto Charles E. Young Dr. East to pass Guest House, Public Affairs and Law School.
8. Right between Law School and Murphy Hall.
9. Cross street and go straight through Dickson Court.
10. Keep going straight between Royce and Powell towards Janss Steps.
12. End back at Wilson Plaza.

**TODAY’S PARTNERS**

For more walking routes, visit recreation.ucla.edu/iheartwalking
START: NW corner of Le Conte/Westwood

1. Head West on Le Conte Blvd.
2. Right on Gayley Ave.
3. Right on Strathmore.
4. Left on Charles E. Young North.
5. Right to cut through between Wasserman Football Center and LATC.
6. Then use walkway between Spaulding Field and Pauley Pavilion toward Westwood Blvd.
7. Right at Luskin Conf. Center onto Westwood Blvd.
8. Go straight down Westwood Blvd. back to the corner of Le conte/Westwood.
**START: NW corner of Le Conte/Westwood**

1. Head East on Le Conte Ave.
2. Left on Hilgard Ave.
3. Go uphill on Hilgard Ave. until you get to Westholme.
4. Left on Westholme.
5. Left on Charles E. Young Dr.
7. Left on Westwood Blvd.
8. Return to start at LeConte/Westwood.

---

**TODAY’S PARTNERS**

UCLA Health  
WESCOM 85 years

For more walking routes, visit recreation.ucla.edu/iheartwalking
START KREC
1. Head towards Gayley Ave.
2. Left on Gayley Ave.
3. Right on Weyburn Ave.
4. Right on Broxton Ave.
5. Left on Kinross Ave.
6. Left on Glendon Ave.
7. Right on Weyburn Ave.
8. Right on Tiverton Ave.
9. Right on Glendon Ave.
10. Left on Kinross Ave.
11. End at KREC.

Estimated Time
- Slow Pace (90–110 steps/min): 30 min
- Moderate Pace (110–130 steps/min): 20 min
- Fast Pace (130–150 steps/minute): 15 min

Estimated Steps: 2,200
Distance: .95 mi

Westwood Wednesday, February 13

TODAY'S PARTNERS
UCLA Health
WESCOM

For more walking routes, visit www.recreation.ucla.edu/iheartwalking
WESTWOOD  WEDNESDAY, FEBRUARY 13

Estimated Time
Slow Pace (90–110 steps/min)  40 min
Moderate Pace (110–130 steps/min)  35 min
Fast Pace (130–150 steps/minute)  30 min

Estimated Steps  3,000
Distance  1.2 mi

START: KREC
1 Walk North up Veteran Ave.
2 Right at Weyburn Ave.
3 Left on Gayley Ave.
4 Right on LeConte Ave.
5 Right on Tiverton Ave.
6 Right on Lindbrook.
7 Right on Gayley Ave.
8 Left on Kinross Ave.
9 End at KREC.
PAULEY PAVILION  THURSDAY, FEBRUARY 14

**Estimated Time**

- Slow Pace (90–110 steps/min) 30 min
- Moderate Pace (110–130 steps/min) 20 min
- Fast Pace (130–150 steps/minute) 15 min

**Estimated Steps**

- 1,500

**Distance**

- .65 mi

**START:** Pauley Pavilion

1. Head toward the John Wooden Center.
2. Left between Ashe and SAC through Wilson Plaza.
3. Turn right between Anderson and Kaufman.
4. Right between Fowler and Kaufman.
5. Pass Janss, head south to Bruin Walk.
6. Go right at Bruin Walk and go down toward Bruin Plaza.
7. Left between Morgan Center and Ackerman Union.
8. Right between Luskin Conference Center and Central Ticket Office.
9. Right between Pauley and Central Ticket Office.
10. Left back to the front of Pauley (North Facing Side)

**TODAY’S PARTNERS**

For more walking routes, visit recreation.ucla.edu/iheartwalking
START: Pauley Pavilion

1. Head up hill toward Res Halls past track and LATC.
2. Cross at traffic light to De Neve and turn right along Charles E Young.
3. Left to climb uphill at Charles E. Young towards Rieber Court.
4. Head past Rieber and Hedrick Court and go right to stay on Charles E. Young Drive.
5. Head downhill past Sunset Canyon Recreation.
6. Left at Charles E. Young to continue downhill back to Wooden.
7. Right at Wilson Plaza toward Wooden Center.
8. Right at Bruin Walk back to Pauley Pavilion to end.