

# FIT BREAKS

## FALL 2018

September 24-December 7

No FitBreaks on Holidays: 11/12, 11/22, 11/23

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>UCLA HEALTH PD&amp; C (10924 LE CONTE AVE) 2:15-2:30PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p>	<p>UCLA HEALTH PD&amp;C (10924 LE CONTE AVE) 9:00-9:15AM</p> <p>MOORE HALL LAWN 9:45PM-10AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>CHS 8TH FLR PATIO NEAR 88 11:00-11:15AM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p> <p>WILSHIRE/GLENDON BUILDING AKA HAMMER MUSEUM GARAGE 2:35-2:50PM</p>	<p>WILSHIRE/GLENDON BUILDING 9:10-9:25AM</p> <p>MOORE HALL LAWN 9:45PM-10AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>CHS 8TH FLR PATIO NEAR 88-201 2:00-2:15PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p> <p>8 WEST RONALD REAGAN RM 8354 3:00-3:15PM</p>	<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p> <p>WILSHIRE/GLENDON BUILDING AKA HAMMER MUSEUM GARAGE 2:35-2:50PM</p>	<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p>

### CLASS INFORMATION

Please wear comfortable clothes that allow for free movement and silence all phones. Try to be on time for class. Outdoor classes do not meet in rainy weather.

All classes subject to change without notice. Check

for updates at [www.recreation.ucla.edu/fitbreaks](http://www.recreation.ucla.edu/fitbreaks)

For more information, contact FITWELL Services at 310.206.6130 or [fitwell@recreation.ucla.edu](mailto:fitwell@recreation.ucla.edu).

