

FIT BREAKS

WINTER 2019

January 14-March 15

No Fit Breaks on Holidays: 1/21 and 2/18

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>UCLA HEALTH PD&C (10924 LE CONTE AVE) 2:15-2:30PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p>	<p>UCLA HEALTH PD&C (10924 LE CONTE AVE) 9:00-9:15AM</p> <p>MOORE HALL LAWN 9:45PM-10AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>WILSHIRE CENTER SUITE 500 10:30-10:45AM</p> <p>CHS 8TH FLR PATIO NEAR 88-201 11:00-11:15AM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p> <p>HAMMER MUSEUM GARAGE 2:35-2:50PM</p>	<p>HAMMER MUSEUM GARAGE 9:10-9:25AM</p> <p>MOORE HALL LAWN 9:45PM-10AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>WILSHIRE CENTER SUITE 500 10:30-10:45AM</p> <p>CHS 8TH FLR PATIO NEAR 88-201 2:00-2:15PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p>	<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>WILSHIRE CENTER SUITE 500 10:30-10:45AM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p> <p>HAMMER MUSEUM GARAGE 2:35-2:50PM</p>	<p>MOORE HALL LAWN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>MOORE HALL LAWN 2:30-2:45PM</p>

CLASS INFORMATION

Please wear comfortable clothes that allow for free movement and silence all phones. Try to be on time for class. Outdoor classes do not meet in rainy weather. All classes subject to change without notice.

Check for updates at www.recreation.ucla.edu/fitbreaks

For more information, contact FITWELL Services at 310.206.6130 or fitwell@recreation.ucla.edu.

