

Launching/Landing -	Safely launch and land on the dock. Demonstrate safe and stable technique for entering/exiting kayak.
Wet Exit and Self Rescue-	Perform safe and efficient wet exit and self rescue re-entry using either cowboy scramble technique or paddle float rescue.
Paddle Strokes - Boat handling-	Demonstrate sufficient forward, reverse, sweep, and draw strokes. Demonstrate ability to maneuver kayak and maintain heading. Must be able to paddle on a straight course.
Assisted Rescue -	Demonstrate proficiency as rescuer and rescuee during assisted or T rescue.
General kayak skills -	At the instructor's discretion you may be asked to demonstrate any skills deemed appropriate for the level being tested out. This may include additional practical skills, answering general knowledge kayaking questions, as well as judgment-based scenarios.
Additional Intermediate Skills	
Beach landing/launching through surf zone -	Demonstrate safe timing and execution of beach landing and launching while attempting to avoid an encounter with a breaking break in the impact zone.
Paddle Float Rescue	Demonstrate proficiency in paddle float rescue.
Towing	Demonstrate proficiency in towing scenarios, including assisted towing procedures.

The practical exam is just that, an exam. Either you are able to perform the required skills and answer the questions or you are not. **It is not a lesson.** The instructor will only teach you about local knowledge and the MAC's policies and procedures. A Skills Evaluation and Orientation Session will take two and a half hours including preparation and clean-up. Allow additional time for the written exam. You must take the written exam(s) prior to the practical skills portion. Taking the written exams is free. The dockmaster may give you the written exam during regular business hours but it is best to call in advance to make sure they will be able to do so (weekends are generally very busy). Call the MAC to schedule a Skills Evaluation and Orientation.

You should bring a change of clothes (you will get wet during the wet exit and rescues). PFDs are available at the MAC and are required to be worn at all times and wetsuits are also available (first come first serve).



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