

310-823-0048

[www.recreation.ucla.edu/mac](http://www.recreation.ucla.edu/mac)

[mac@recreation.ucla.edu](mailto:mac@recreation.ucla.edu)

## CLASS INFORMATION FLYER

Getting to the Marina Aquatic Center

We have limited parking so please allow extra time to park offsite see [www.marinaaquaticcenter.org/Directions/index.htm](http://www.marinaaquaticcenter.org/Directions/index.htm)

See you on the water!!!!

### What to Bring

#### *General Items*

Change of clothes, shoes

Towel

Closed-toed shoes required, (no sandals)

Padlock for day use lockers

#### *Kayaking*

Gloves

Bathing suit or shorts & t-shirt

Wetsuit (available on a first-come-first-serve basis) Binoculars, waterproof is preferred

**Please note if we get a significant amount of rain(.25 inches) of rain 48 hours before your paddle we will need to cancel your paddle due to the possibility of poor water quality. Please make sure to call the UCLA Marina Aquatic Main line at 310-823-0048 before coming down if it rains. Please also check the following website for wind conditions if the wind is 10min ave. is more than 14 knots and gusting up to 16 knots then we also will need to cancel the paddle. [http://www.marinaaquaticcenter.org/weather/MAC\\_Conditions.htm](http://www.marinaaquaticcenter.org/weather/MAC_Conditions.htm)**

Refunds or Transfers:

Please contact [mac@recreation.ucla.edu](mailto:mac@recreation.ucla.edu) or call 310-823-0048

Refund requests received at least 3 weekdays prior to the first class meeting (Wednesday before by 12noon) are eligible for a 90% refund or 100% transfer towards another class in the same quarter. **There are no refunds or transfers after this point.**

- No refunds or deferments are honored after the request deadline.
- If a class is cancelled, you will be eligible for a full refund or deferment.
- All refunds are processed through UCLA General Accounting. Refund check processing requires 4 to 6 weeks.

### ***Swimming Proficiency***

To participate in any water-based activity, you must be "water safe," able to swim 100 yards and tread water for 5 minutes, and capable of calmly handling yourself in the water.

If you have any question as to whether you are "water safe," we encourage you to take advantage of a complimentary swim test, offered at any one of the campus pools during open swimming hours.

Coast Guard approved personal flotation devices are provided by the Center and are required to be worn during the following activities:

- sailing
- canoeing
- kayaking
- monohull sailing
- catamaran sailing
- at the instructor's or dockmaster's discretion

Lifejackets are also available upon request for rowers and windsurfers during rentals and lessons.

### ***Important Please Read***

- Injuries to participants in watercraft programs may occur from risks inherent in the sports or activities, from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques, from failing to follow training, safety or racing rules; and from the administration of first aid.
- For example, you might slip and fall; you might be struck by a part of a boat; your boat may capsize and/or you might be thrown overboard into cold water; or you might be injured in a collision if your boat hits another boat, or runs into an obstruction or the shore.

- Boating can be fun, relaxing and enjoyable. By observing rules and boating etiquette and demonstrating care and caution for yourself and others, you will reduce your exposure to injuries and help insure that your boating experience is a pleasurable one.
- You will be asked to sign a release on the first day of your course, stating that you are watersafe (see swimming proficiency statement) and understand the risks involved in boating.

