

FIT BREAKS

SPRING 2018

April 2—June 8

No FitBreaks on Holidays: 5/28

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p>INVERTED FOUNTAIN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>INVERTED FOUNTAIN 2:30-2:45PM</p>	<p>UCLA HEALTH PD&C 9:00-9:15AM</p> <p>INVERTED FOUNTAIN 9:45PM-10AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>CHS 8TH FLR PATIO NEAR 88 11:00-11:15AM</p> <p>INVERTED FOUNTAIN 2:30-2:45PM</p> <p>WILSHIRE/GLENDON BUILDING 2:35-2:55PM</p>	<p>WILSHIRE/GLENDON BUILDING 9:10-9:25AM</p> <p>INVERTED FOUNTAIN 9:45-10:00AM</p> <p>SPROUL HALL 10:00-10:15AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>CHS 8TH FLR PATIO NEAR 88-201 2:00-2:15PM</p> <p>INVERTED FOUNTAIN 2:30-2:45PM</p> <p>WILSHIRE CENTER SUITE 130 *LAUGHTER FIT BREAK 2:15-2:30PM</p>	<p>INVERTED FOUNTAIN 9:45-10:00AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>INVERTED FOUNTAIN 2:30-2:45PM</p> <p>WILSHIRE/GLENDON BUILDING 2:35-2:55PM</p>	<p>UCLA HEALTH PD&C 9:00-9:15AM</p> <p>INVERTED FOUNTAIN 9:45PM-10AM</p> <p>LAW SCHOOL SHAPIRO COURTYARD 10:00-10:15AM</p> <p>MURPHY HALL PATIO 10:15-10:30AM</p> <p>KRIEGER CHILDCARE CENTER 1:45-2:00PM</p> <p>INVERTED FOUNTAIN 2:30-2:45PM</p>

CLASS INFORMATION

Please wear comfortable clothes that allow for free movement and silence all phones. Try to be on time for class. Outdoor classes do not meet in rainy weather.

All classes subject to change without notice. Check

for updates at www.recreation.ucla.edu/fitbreaks

For more information, contact FITWELL Services at 310.206.6130 or fitwell@recreation.ucla.edu.

