

K-FIT

SPRING 2018

FINALS & INTERIM SCHEDULE JUNE 11 - JUNE 22

Classes are open to all Graduate Students & KREC members during this period.

FINALS SCHEDULE, JUNE 11 - JUNE 15

Monday

TOTAL BODY SWEAT, M2
5:10-6:10PM
KREC STUDIO
(JONATHAN)

PLYOJAM, M3
6:15-7:15PM
KREC STUDIO
(AMY)

YOGA FLOW L1/2
7:20-8:20PM
KREC STUDIO
(DARRIAN)

Wednesday

HIP HOP DANCE FITNESS,
M2
5:10-6:10PM
KREC STUDIO
(JONATHAN)

TOTAL BODY SWEAT, M2
6:15-7:15PM, KREC
STUDIO
(EDWARD)

YOGA FLOW, L1/2
7:20-8:20PM
KREC STUDIO
(DARRIAN)

Thursday

YOGA SCULPT, M2/3,
5:10-6:10PM
KREC STUDIO
(CARINA)

BOLLYPOP, M2
6:15-7:15PM
KREC STUDIO
(CHRISTINA)

SPIN, L2
7:30-8:15PM
KREC STUDIO
(LORENA)

Saturday

ASHTANGA YOGA, M2
9:00-10:30AM
KREC STUDIO
(ANIA)

INTERIM SCHEDULE, JUNE 18 - JUNE 22

Monday

TOTAL BODY SWEAT, M2
5:10-6:10PM
KREC STUDIO
(JONATHAN)

PLYOJAM, M3
6:15-7:15PM
KREC STUDIO
(AMY)

YOGA FLOW L1/2
7:20-8:20PM
KREC STUDIO
(DARRIAN)

Wednesday

HIP HOP DANCE FITNESS,
M2
5:10-6:10PM
KREC STUDIO
(JONATHAN)

TOTAL BODY SWEAT, M2
6:15-7:15PM, KREC
STUDIO
(EDWARD)

YOGA FLOW, L1/2
7:20-8:20PM
KREC STUDIO
(DARRIAN)

Thursday

BOLLYPOP, M2
6:15-7:15PM
KREC STUDIO
(CHRISTINA)

SPIN, L2
7:30-8:15PM
KREC STUDIO
(LORENA)