



WINDSURFING SAMPLER AND CLASS INFORMATION

Learn how fun and exciting windsurfing can be at one of Southern California's premier small boat sailing facilities! We offer year-round courses. Students start with Windsurfing Sampler then move onto Windsurfing I and Windsurfing II. Get qualified on our equipment and enjoy post class opportunities of leisurely rental sails on Thursdays or Fridays. For all classes, you must be 18yrs+ and a proficient swimmer to register.

Sampler and Classes We Offer:

- Windsurfing Sampler – This is a brief orientation to the sport of windsurfing. You will have a chance to interact with our windsurfing instructor(s) and also go on a short sail off the dock on a tether.
- Windsurfing I - Learn everything you need to start windsurfing right away! The class is designed for the novice windsurfer who has little or no windsurfing experience. We emphasize the development of solid on-the-water skills, equipment rigging, as well as a basic nautical knowledge such as terminology and right-of-way rules.
- Windsurfing II – This class reviews skills learned in Windsurfing I and further sharpens your windsurfing skills.

After passing Windsurfing I class, you will become eligible to rent High Fly windsurfing boards and after passing Windsurfing II class, you will become eligible to rent Bic Techno windsurfing boards from our facility during open rental hours on Thursdays and Fridays. Classes must be taken in order. After each class, we recommend coming to the facility to rent and practice before you sign up for a higher-level course. You may not sign up for consecutive courses at the same time, as certifications serve as registration prerequisites.

Taking a windsurfing class:

- Register online at secure.recreation.ucla.edu for all classes
- Once registered, review the Windsurfing Manual in advance so you come into the class with an idea of what will be covered. The manual is available online as a PDF file. Write down any questions, and bring them to the instructor on the first day of your class.
- Be well rested for your class. Windsurfing can be physically demanding when the wind picks up.
- Show up to your class on time. Late arrivals are disruptive to the class.
- What to Bring for Class: Be prepared to get wet! The goal is for you to be comfortable and warm, even if you get wet.
 - **Shoes-** You must wear closed-toes, non-leather shoes with a light colored, non-slip sole. The object is to keep you from slipping or falling on the wet deck of the windsurfing board and injuring feet or toes on the board or dock – please no sandals. Booties, water shoes, or old tennis shoes work well. Your shoes will get wet, so bringing an extra pair to wear home is encouraged.
 - **Clothing-** Dress in Bathing suit or shorts & t-shirt. If you have your own wetsuit bring it. The facility has wetsuits available for patrons to use during classes and rentals. As with your shoes, it is a good idea to bring a change of clothes.

- **Towel**- There is also always a chance while windsurfing that you will get wet.
- **Sun Protection** - It is recommended that all students wear a hat, sunscreen and sunglasses (with Croakies or a cord to keep them on).
- **Water Bottle** - The MAC has a water where you can refill your bottle.
- **Lock**- **Our lockers do not have locks, so you will need to provide your own. We do not recommend taking any valuables out on the water with you.**
- **Sailing Gloves**- Gloves can be useful to protect your hands and to keep them warm, but are **not** required for any MAC windsurfing classes.

Getting to the UCLA Marina Aquatic Center:

The Marina Aquatic Center is located in Marina Del Rey at 14001 Fiji Way and is accessible by bus, bike, and car. Since parking is scarce (particularly on weekends and special events), we strongly encourage biking, busing, carpooling to the MAC. For more information regarding transportation and parking, [please click here to visit the MAC website](#).

Refunds and Transfers:

Please call us at [310.823.0048](tel:310.823.0048) or email mac@recreation.ucla.edu.

Refund requests received at least 3 weekdays prior to the first class meeting (the Wednesday before the first class meeting, if it is a weekend class) results in a 90% refund or 100% transfer towards another class in the same quarter. **There are no refunds or transfers after this point.**

- No refunds or deferments are honored after the request deadline.
- If a class is cancelled, you will be eligible for a full refund or deferment.
- All refunds are processed through UCLA General Accounting.
- Refund check processing requires 4 to 6 weeks.

Swimming Proficiency:

To participate in any water-based activity, you must be "water safe," able to swim 100 yards and tread water for 5 minutes, and capable of calmly handling yourself in the water. If you have any question as to whether you are "water safe," we encourage you to take advantage of a complimentary swim test, offered at any one of the campus pools during open swimming hours. Coast Guard approved personal flotation devices are provided by the Marina Aquatic Center and are required to be worn while sailing.

IMPORTANT – Please Read:

- Boating can be fun, relaxing and enjoyable. By observing rules and boating etiquette and demonstrating care and caution for yourself and others, you will reduce your exposure to injuries and help insure that your boating experience is a pleasurable one.
- You have signed a release online when you registered, stating that you are water-safe (see swimming proficiency statement) and understand the risks involved in boating
- Injuries to participants in watercraft programs may occur from risks inherent in the sports or activities, from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques, from failing to follow training, safety or racing rules; and from the administration of first aid.