

# GroupX

## SPRING 2018

### FINALS - JUNE 11 - JUNE 15

MUST HAVE A VAILID GROUPX OR YOGA PASS TO PARTICIPATE

Monday - June 11	Tuesday - June 12	Wednesday - June 13	Thursday - June 14	Friday - June 15
H.I.I.T, M3 12:00-1:00PM PARDEE GYM, JWC (SERGIO)	SPIN, L2/3 7:30-8:15AM STUDIO 2314, JWC (CATIE)	SPIN, L2/3 7:30-8:15AM STUDIO 2314, JWC (SEP)	SPIN, L2/3 7:30-8:15AM, STUDIO 2314, JWC (CATIE)	H.I.I.T, M3 12:00-1:00PM PARDEE GYM, JWC (SERGIO)
DANCE IT OUT & CONDITIONING, M2/3 12:00-1:00PM PYRAMID RM, JWC (MANDY)	CORE YOGA FLOW, L1 8:20-9:20AM DYNASTY RM, JWC (TIFFANY)	TOTAL BODY CIRCUIT, M3 12:00-1:00PM PARDEE GYM, JWC (KC)	BRUIN BARBELL, H3 12:00-1:00PM PARDEE GYM, JWC (RYAN & KC)	ZUMBA, M2 12:00-1:00PM PYRAMID RM, JWC (AYLIN)
CORE YOGA FLOW, L1/2 3:00-3:55PM PYRAMID RM, JWC (MARCO)	YOGA TUNE UP, L1/2 9:30-10:45AM DYNASTY RM, JWC (TIFFANY)	DANCE IT OUT & CONDITIONING, M2/3 12:00-1:00PM PYRAMID RM, JWC (IKU)	TOTAL BODY CHALLENGE L2 12:00-1:00PM PYRAMID RM, JWC (SERGIO)	
NAP TIME YOGA, L1 3:15-3:45PM LEGACY RM, JWC (ISABELLE)	BRUIN BARBELL, H3 12:00-1:00PM PARDEE GYM, JWC (RYAN & KC)	NAP TIME YOGA, L1 3:15-3:45PM PYRAMID RM, JWC (ISABELLE)	YOGA SCULPT, L2/3 3:00-3:50PM PYRAMID RM, JWC (CARINA)	
YOGA SCULPT, L2/3 4:00-5:00PM PYRAMID RM, JWC (ISABELLE)	MAT PILATES, M2 12:00-1:00PM PYRAMID RM, JWC (PETER)	YOGA SCULPT, L2/3 4:00-5:00PM PYRAMID RM, JWC (ISABELLE)	PILATES & CONDITIONING, M/32 3:55-4:55PM PYRAMID RM, JWC (CLAIRE)	
MIX TAPE YOGA, L1/2 4:00-5:00PM DYNASTY RM, JWC (MARCO)	YOGA SCULPT, L2/3 3:00-4:00PM PYRAMID RM, JWC (CARINA)	ZUMBA, M2 5:15-6:15PM PYRAMID RM, JWC (LAURA)	YOGA FLOW & MEDITATION, L2/3 4:30-5:45PM DYNASTY RM, JWC (MONA)	
GUTS, BUTTS & THIGHS, M2/3 5:15-6:15PM PYRAMID RM, JWC (ANDREW)	PILATES & CONDITIONING, M2/3 4:00-5:00PM PYRAMID RM, JWC (CLAIRE)	GUTS, BUTTS, & THIGHS, L2/3 6:20-7:20PM PYRAMID RM, JWC (EMILY)	TOTAL BODY CHALLENGE, L2/3 5:00-6:00PM PYRAMID RM, JWC (JACKELYN)	
SPIN, L2/3 5:30-6:15PM STUDIO 2314, JWC (LIZ)	AGILITY & CONDITIONING, H3 5:00-6:00PM PARDEE GYM, JWC (SERGIO)	SPIN, L2/3 7:15-8:00PM STUDIO 2314, JWC (LORENA)	AGILITY & CONDITIONING, H3 5:10-6:10PM PARDEE GYM, JWC (SERGIO & HUMBERTO)	
CORE YOGA FLOW, L1/2 6:25-7:25PM PYRAMID RM, JWC (ISABELLE)	TOTAL BODY CHALLENGE L2/3 5:10-6:10PM PYRAMID RM, JWC (GLENNA)	DE-STRESS: YOGA & MINDFUL MEDITATION, L1 7:25-8:25PM PYRAMID RM, JWC (ISABELLE)	CORE YOGA FLOW L1/2 6:10-7:10PM DYNASTY RM, JWC (JACKLEYN)	
	BOOTY KICKIN' BARRE, M2 5:30-6:30PM GOLD RM, JWC (CASEY)		BOLLYPOP, M2 6:15-7:15PM PYRAMID RM, JWC (AAKANSHA)	
	CORE YOGA FLOW L1/2 6:00-7:10PM DYNASTY RM, JWC (SOPHIA)			
	SPIN, L2/3 6:30-7:15PM STUDIO 2314, JWC (GLENNA)			
	BRUIN BARBELL & CONDITIONING H3 6:30-7:40PM PARDEE GYM, JWC (OLIVIA)			